

CLINICAL PERSPECTIVES

The Clinical Social Work Association of Savannah

February 2010

News and Announcements

Annual Conference

The 24th Annual Julius Hornstein Professional Conference presents: ***Challenges on the Home Front for Soldiers and Their Families.*** Renowned keynote speakers LTC Paul Bliese, PhD (Chief, Division of Neuropsychiatry, Walter Reed Army Institute of Research, Washington, DC) and Teresa Arata-Maiers, PsyD (Coordinator of Child and Family Programs, Warrior Resiliency Program, US Army, San Antonio, TX) will be joined by additional expert professionals for multiple workshops and lectures.

The Conference objective is to bring the most current information, research and treatment options

Conference Structure

Day 1 of the Annual Conference will open with a keynote address, *Soldier Resiliency: Findings and Solid Evidence*, by LTC Paul Bliese, PhD, and Day 2 will begin with Dr. Teresa L. Arata-Maiers, PsyD, who will be presenting a keynote, *The Military Family*. Each day will also feature a choice of 3 separate workshops, from a list of twelve breakouts. Join us in Savannah to share an enriching learning experience.

available to effectively work with soldiers and their families. With the generous assistance of Winn Army Community Hospital, Ft. Stewart, it is a unique honor and timely opportunity for the Clinical Social Work Association-Savannah to host the outstanding selection of speakers.

The Annual Conference will be held on March 25-26, 2010 at the Coastal Georgia Center in Savannah, GA. The registration deadline is March 8, 2010.

For additional information, please check our website for updates at: www.socialworksavannah.com

With advance planning, you can also take advantage of two more Savannah events:

The Savannah Music Festival, March 18-April 3, 2010:

www.savannahmusicfestival.org

The Annual Tour of Homes and Gardens, March 25-28, 2010:

www.savannahtourofhomes.org

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Calendar of Events:

- 02/24/10: Monthly meeting at the Hoskins Center of Memorial Hospital, Classroom 2. Topic is "Youth and Yoga" by Kelly Boyd of the Savannah Yoga. Lunch is scheduled for 11:30am. **RSVP: Lisa Seago at:**
- 03/25/10 – 03/26/10: 2 Day Annual Julius Hornstein Professional Conference at 305 Fahm Street. Brochure and registration form can be found here:

http://www.socialworksavannah.com/Conference_Brochure.pdf

For Your Consideration

Thanks, gratitude, and deep-felt appreciation

The CSWA-S would like to thank Louisa Laird for another fantastic holiday celebration, and to express its gratitude to Ed Parks for arranging a memorable barbeque and oyster roast this past January 31st. Aileen and Andrew Trice of Angel's BBQ did an outstanding job –people are still talking about the food, not an easy feat amongst the discerning social work crowd.

The CSWA-S would also like to express its deep-felt appreciation to the people of the Moon River Brewing Company for their generous donation. Recognition such as their contribution is the type of unexpected reward that reminds us all of what social work is truly about, and our impact on the community.

And, finally, what would an Annual CSWA-S Oyster Roast and Auction be without the legendary Fred Nadelman in his position as Auctioneer Extraordinaire, who was at the top of his game.

January Panel was a Hit!

Louisa Laird, Joan Dane Kellogg, and Mike Cunningham led the panel discussion, "Adolescent Alcohol & Drug Abuse in our Community" for last month's colloquium, and the result was both educational and thought-provoking.

Louisa discussed parental boundary and tolerance issues such as parents arranging "safe parties" with alcohol, Joan reminded the group of the importance of Erikson's stages of development in the context of the ever-changing nature of today's family dynamics and parental roles, and Mike delineated the difference between normal teen experimentation and addictive behavior.

The panel brought to light the alarming rate of teen substance abuse, in this Savannah area, and provided insight into areas in which the increased need for clinical intervention are needed, as well as methods to encourage parental involvement.

The Gods Must Be Crazy

Earlier this week, there has been increased attention on proposed revisions of the upcoming DSM-V, which can be found here:

<http://www.dsm5.org/Pages/Default.aspx>

Most notable of the changes has been the elimination of Asperger's Syndrome in favor of folding it into a more comprehensive spectrum of Autism-related disorders. Yet, one proposal that has not received even the raise of an eyebrow has been Nicotine-Use Disorder (NUD). NUD is categorized, among other criteria, as "recurrent substance use in situations in which it is physically hazardous" and having a "craving or a strong desire or urge to use" nicotine.

So, for those of you who continue to smoke cigarettes despite years of government warnings on the labels, your time of suffering NUD intolerance is coming to an end. The next time someone asks you to extinguish your flame, simply explain to them that you cannot help it...the APA made it official: you are mentally ill.

Spring Institute

CSWA will host a Weekend Institute May 1, 2010. Our presenter will be Steve Howard MD and the workshop title is "The Ethical Therapist." This is a 5 hour ethics workshop, which will satisfy the requirement for ethics hours for licensure. We need to have at least 20, pre-registered attendees in order to have the workshop. The cost will be \$60.00 for members \$90.00 for nonmembers. Please, pre-register with Maggie Lee at maglee53@hotmail.com before April 1, 2010

Annual Membership fees are due ASAP! Please fill out the form on the next page, along with your check or money order, and send it to:

CSWA-S, P.O. Box 13930, Savannah, GA 31416

From the Program Committee:

Thank-you to Louisa Laird, Joanie Dane-Kellogg and Mike Cunningham for sharing their time with the membership of the CSWA-S, who led a very stimulating discussion around "Adolescent Alcohol and Drug Abuse in the Savannah Community." The topic for our February 24th meeting will be "Youth and Yoga", by Kelly Boyd of the Savannah Yoga Center.

Please remember to RSVP for the meeting; we need to know the number of CEU certificates to have available and we also need to know if you plan to purchase a box lunch. Please RSVP to Lisa Seago at: lseago@pinewoodsretreat.org by Friday, February 19, 2010, especially if you plan to purchase lunch. Thanks for your participation and cooperation.

The schedule for the remaining programs for this year will be:

February 19 th	Kelly Boyd, <i>Youth and Yoga</i>	Hoskins Center, Room 2
March 25 th - 26 th	CSWA Annual conference	The Costal GA Center
April 22 nd	Dr. St. Pierre, SW Practice & Gerontology	Hoskins Center
May 27 th	Collaborative Law Practice of Sav., A Healthier Way to Divorce	Hoskins Center
June 24 th	CSWA Annual Meeting	

Clinical Social Work Association - Savannah

P.O. Box 13930

Savannah, Georgia 31416



We're On The Web!

<http://www.socialworksavannah.com>

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Membership Renewal Application

Name: (Dr., Mr., Mrs., Ms.) _____

License Type: **LCSW (\$30)** **LMSW (\$30)** **LPC (\$30)** **Student (\$10)**

Address: _____

Phone Number: _____

E-Mail: _____

**Please mail to: Clinical Social Work Association – Savannah
PO Box 13930
Savannah, GA 31416**