

CLINICAL PERSPECTIVES

The Clinical Social Work Association of Savannah

September 2011

September Meeting: Annual Legislative Luncheon

"Curiouser and curiouser" remarked Alice about her adventure in Wonderland and we might do the same about the coming election cycle. Legislators who represent us and our clients will be on hand at the Annual CSWA-S Legislative Luncheon on Wednesday, September 28, 2011. You are invited to join your colleagues as we get a chance to hear from our local legislative delegation and ask questions and comment about current issues that matter to us.

The Legislative Luncheon starts at 11:30 a.m. in the Hoskins Center at Memorial Medical Center. Lunch will be catered by Katie Borgess Catering, featuring teriyaki chicken, macaroni and cheese, green beans and her awesome pecan and strawberry salad for \$10.00.

Please rsvp to Cheryl Turner at turnerche@sjchs.org no later than Friday, September 23 for both CEUs and lunch.

October: *The Emotional Toolbox* author to speak at CSWA-S

Dr. Dan Bochner, author of the recently published book *The Emotional Toolbox: A Manual for Mental Health* will be the guest speaker at the October CSWA-S meeting.

Dr. Bochner is a psychologist in Savannah who published *The Therapists Use of Self in Family Therapy* in 2000 which has been hailed by clinicians and theoreticians as "brilliant," "integrative," "inventive,"

"beautifully constructed," "original," "creative," and "comprehensive."

Bochner has worked in the field of psychotherapy since 1987 and for the last 10 years has been in private practice in Savannah.

Mark your calendars for October 26, 2011 and join your colleagues as we welcome Dan to CSWA-S.

In this issue: September and October meeting information, Calendar of Events, New Members, Conference News.

Calendar of Events:

09/28/11 - 11:30 am to 1 pm
September CSWA-S meeting Hoskins Center - Memorial Hospital. Annual Legislative Luncheon. Please RSVP Cheryl Turner by Friday, September 23, 2011 at turnerche@sjchs.org

10/28/11 - 11:30 am to 1:00 pm. October CSWA-S meeting featuring Dan Bochner Ph.D.

11/05/11 - CSWA-S Fall Institute. Topic to be announced.

11/16/11 - CSWA-S November meeting. Interaction Between Food and Mood Disorders.

03/22 & 23/2012 - CSWA-S Annual Conference featuring Dr. David Burns





CSWA-S welcomes these new members:

Mandy Miller, LCSW

Valerie Durham, MSW

The Clinical Social Work Association of Savannah welcomes all types of mental health clinicians and others who are interested in supporting good clinical practice. It exists to promote professional development and collegiality in our region. CSWA-S sponsors monthly lunch meetings with free CEU's for members, quarterly institutes, an annual conference, holiday celebrations, and an annual Oyster Roast.

To join CSWA-S please go to our website www.socialworksavannah.com download an application and send it in.

CSWA-S Annual Conference Planning News

The Julius "Boo" Hornstein 26th Annual CSWA-S Conference March 22 - 23,
2012

Scared Stiff – Fast, Effective Treatment for Anxiety Disorders with Dr. David Burns

The annual conference features David Burns, an internationally known author and presenter, and promises to be a wonderful, informative, and entertaining event. Now is the time to start the final phase of planning for the conference and your help is needed. Helen Schandolph has laid the ground work and her committee will need volunteers for many tasks great and small. Please contact her at (912) 355 3881 or hschandolph@gmail.com for additional information or to volunteer.

For more information on David Burns, please go to his website at: www.feelinggood.com

From David Burns' website – www.feelinggood.com



David D. Burns, M.D.

Dr. Burns graduated magna cum laude from Amherst College, received his M.D. from Stanford University School of Medicine and completed his psychiatry residency at the University of Pennsylvania School of Medicine. He has served as Acting Chief of Psychiatry at the Presbyterian / University of Pennsylvania Medical Center (1988) and Visiting Scholar at the Harvard Medical School (1998) and is certified by the National Board of Psychiatry and Neurology.

Dr. Burns is currently Adjunct Clinical Professor Emeritus of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine, where he is involved in research and teaching. He has received numerous awards, including the A. E. Bennett Award for his research on brain chemistry, the Distinguished Contribution to Psychology through the Media Award, and the Outstanding Contributions Award from the National Association of Cognitive-Behavioral Therapists. He has been named Teacher of the Year three times from the class of graduating residents at Stanford University School of Medicine, and feels especially proud of this award.

In addition to his academic research, Dr. Burns has written a number of popular books on mood and relationship problems. His best-selling book, *Feeling Good: The New Mood Therapy*, has sold over 4 million copies in the United States, and many more worldwide. *Feeling Good* is the book most frequently "prescribed" for depressed patients by psychiatrists and psychologists in the United States and Canada. Surveys indicate that American mental health professionals rate *Feeling Good* as the #1 book on depression, out of a list of 1,000 self-help books.

In 1995, Dr. Burns and his family returned to California. When he is not crunching statistics for his research at Stanford, he can be found giving workshops for mental health professionals throughout the United States and Canada.